

Christine Parisen, MS, LMHC, CCTP

Licensed Mental Health Counselor

Licensed Mental Health Counselor with experience in conducting individual and group psychotherapy. Certified as a Clinical Trauma Professional by IATP. Specializing in trauma, addictions, and geriatric populations.

Education

Master of Science in Clinical Mental Health Counseling

University of North Florida - Jacksonville - Jacksonville, FL 2013

Bachelor of Arts in English

Tulane University - New Orleans - New Orleans, LA 1996

Licenses & Certifications

- Licensed Mental Health Counselor, State of Florida, 2015 (MH 14146)
- Certified Clinical Trauma Professional
International Association of Trauma Professionals 2018

Membership

American Mental Health Counseling Association

Work Experience

Staff Psychotherapist

Comprehensive MedPsych Systems, - Jacksonville, FL

April, 2021 to present

Psychotherapy with adults specializing in trauma, substance abuse, and geriatric populations

Behavioral Health Specialist

Centurion for Florida Department of Corrections, Lake Butler, FL January 2019 to March 2020

Conducted initial bio-psycho-social evaluations/ treatment plans for inmate patients in outpatient and inpatient setting. Running therapeutic groups, individual sessions, development of treatment plans, conducting trauma screenings, sex-offender screenings, performing crisis intervention, suicide risk assessments, participating in multi-disciplinary staff treatment meetings, emergency evaluations, behavior risk assessments. Focus on gender responsive and trauma informed-care.

Therapist - Trauma Treatment Team

Clay Behavioral Health Center, Inc - Orange Park, FL

July 2018 to January 2019

Completed trauma assessments for children recently exposed to trauma, performed comprehensive bio-psychosocial assessments for each patient and ongoing treatment. Developed comprehensive treatment plans for patients and facilitated individual and family therapy for children and their caregivers

Primary Therapist

Lakeview Health - Jacksonville, FL

June 2016 to May 2018

Performed comprehensive assessments for each patient. Collaborated with multidisciplinary team to determine effective treatment plans. Evaluated individual progress.

Responded to emergency situations and provided crisis support.

Evaluated patients to determine potential need to transfer to specialized inpatient mental health facilities.

Mental Wellness Counselor

Aging True - Jacksonville, FL

February 2015 to June 2016

Performed comprehensive assessments for senior population
Provided in-home individual therapy.
Facilitated mental wellness support group for senior citizens.
Treated patients living with hoarding disorder, anxiety, depression, bi-polar disorder and grief

Part-time IOP therapist

Breakthroughs Counseling and Recovery - Jacksonville, FL February 2014 to January 2015

Conducted individual and group IOP treatment for clients in recovery from substance abuse with dual-diagnosis
Conducted mindfulness-based relaxation exercises
Developed comprehensive treatment plans for patients

Therapist in ACE program

Lutheran Social Services - Jacksonville, FL

May 2012 to July 2014

Performed comprehensive bio-psychosocial assessments for patients living with HIV/ AIDS
Conducted outreach, and advocacy for population served
Developed comprehensive treatment plans for each patient
Assisted in writing grants and participated in research study

Intensive Case Manager- STAR program

Gateway Community Services - Jacksonville, FL

May 2010 to January 2012

Explained available housing, domestic violence, employment, education and substance abuse treatment resources to clients who had a history of homelessness and dual-diagnosis.

Collaborated with community leaders, organizations and public agencies to promote the organization's community service programs.

Maintained up-to-date and accurate program files and records.

Conducted needs' assessments and referred clients to financial, medical, social and community assistance and services.