

Caroline Amanda McDonald, D.O

PSYCHIATRIST

EDUCATION

2015-2016

University of Louisville School of Medicine

Fellowship, Addiction Psychiatry

2011-2015

University of Louisville School of Medicine

Residency, General Psychiatry

2008 -2011

Pikeville College School of Osteopathic Medicine, Pikeville, Kentucky

Doctor of Osteopathic Medicine

2006-2008

Lake Erie College of Osteopathic Medicine Bradenton , Bradenton, Florida

Osteopathic Medicine

2002-2006

University of Kentucky, Lexington, Kentucky

Bachelor of Science, Psychology

EXPERIENCE

PHYSICIAN & DIRECTOR OF SPRAVATO SERVICE COMPREHENSIVE MEDPSYCH SYSTEMS, SARASOTA, FLORIDA

SEPTEMBER 2016-PRESENT

Out-patient physician providing general and addiction psychiatric care in a private practice setting; scope of practice includes conducting independent medical evaluations and treatment of impaired health professionals. Fundamentally involved in developing procedures for the clinical use of Spravato, acting as an administrative physician liaison, and supporting other providers with the delivery of treatment. Comprehensive MedPsych Systems is the largest private practice behavioral healthcare group in Florida.

FELLOW, ADDICTION PSYCHIATRY UNIVERSITY OF LOUISVILLE SCHOOL OF MEDICINE

JULY 2015-JUNE 2016

Fellowship in addiction psychiatry with clinical sites at Louisville VA Medical Center, Jefferson Alcohol and Drug Abuse Center, Central State Hospital, and the Methadone/Opioid Rehabilitation and Education Center. Experience with multiple residential treatment programs, partial hospitalization programs, and intensive outpatient programs. Curriculum focused on acute medical detoxification from a variety of substances, long term treatment of chemical dependencies, and the use of involved therapeutic techniques. Extensive training in opioid replacement therapy throughout fellowship.

PHYSICIAN BEHAVIORAL HEALTHCARE MANAGEMENT, LOUISVILLE, KY

MAY 2015-MAY 2016

Consult physician to several nursing homes with largely geriatric patient populations, conducting initial psychiatric evaluations for medically complex patients, and supervising other mental health professionals in delivery of care.

INDEPENDENT MEDICAL EXAMINER JEFFERSON COUNTY GUARDIANSHIP COURT, LOUISVILLE, KY

JANUARY 2013-JULY 2016

Physician member of an interdisciplinary team conducting independent evaluations for the court of Jefferson County. Evaluations included personal interview and assessment of developmental history, functional status, medical history, as well as gathering collateral information from interested parties. A written opinion of one's level of disability along with supportive facts obtained from the evaluation process was then presented for use as evidence in guardianship trials; live courtroom expert testimony also provided for jury trials.

RESIDENT IN GENERAL PSYCHIATRY
UNIVERSITY OF LOUISVILLE SCHOOL OF MEDICINE
JULY 2011-JUNE 2015

A 48 month residency in general psychiatry at University of Louisville Hospital, Norton Hospital, Louisville VA Medical Center, Central State Hospital, The Brooke Hospital, and University of Louisville Outpatient Center. Educational opportunities included intense psychotherapy didactics, pervasive instruction of cognitive behavioral therapy, a weekly continuity clinic for psychotherapy, and a weekly continuity clinic for opioid agonist therapy with buprenorphine. Exposure to psychiatric emergencies in a highly utilized psychiatric emergency department throughout training.

PHYSICIAN
TABLER CLINICAL SERVICES, LOUISVILLE, KY
SEPTEMBER 2014-APRIL 2015

Consult physician to several nursing homes and assisted living facilities with largely geriatric patient populations, conducting initial psychiatric evaluations for medically complex patients, and supervising other mental health professionals in delivery of care.

ASSISTANT INSTRUCTOR OF OSTEOPATHIC PRINCIPLES & PRACTICES
PIKEVILLE, KY
DECEMBER 2008-JUNE 2009

Undergraduate instructor of osteopathic manipulative medicine providing weekly lectures and clinical training to first and second-year osteopathic medical students. Responsibilities included supervising third and fourth year students on rotation in osteopathic principles and practices while delivering osteopathic manipulative treatments in a community clinic.

BOARD CERTIFICATION

- ❖ American Board of Psychiatry and Neurology
- ❖ National Board of Physicians and Surgeons

PROFESSIONAL AFFILIATIONS

- ❖ American Osteopathic Association
- ❖ Florida Osteopathic Medical Association
- ❖ American Psychiatric Association
- ❖ American Society of Addiction Medicine
- ❖ Association of American Physicians and Surgeons
- ❖ American Academy of Addiction Psychiatry
- ❖ American Foundation for Suicide Prevention

AWARDS AND HONORS

- ❖ The Alan Ballew University of Louisville Outpatient Psychiatry Award
- ❖ Honorable Order of Kentucky Colonels
- ❖ Distinguished Fellow, American Psychiatric Association

PUBLICATIONS

- ❖ El-Mallakh R., Alleyne J., Bashir A., Birdwhistell M., **McDonald C.A.**, Nguyen T., Partin D., Sis-coe K., Sonderman N., Wichmann G., Spurgeon J., Vincent K. The Effect of Teaching Clinics on Prescribing Practices. *Academic Psychiatry*, 39(3).

LICENSING

- ❖ Florida State License
- ❖ DEA & Suboxone License

CERTIFICATIONS

- ❖ Botulinum Toxin Training

VOLUNTEER WORK

- ❖ Sarasota School of Ballet Wellness Team